



Resource List for Transgender Students

chatham
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This resource list was created collaboratively by the **OFFICE OF DIVERSITY, EQUITY & INCLUSION** and the **OFFICE OF STUDENT AFFAIRS**. If you have questions or needs that are not addressed on this resource list, please contact odei@chatham.edu or osa@chatham.edu.



CAMPUS SERVICES

The **OFFICE OF STUDENT AFFAIRS** coordinates the affirmed name policy at the University. The affirmed name form is listed on the right side of the Student Affairs **myChatham page**.

The **COUNSELING CENTER** refers students to LGBTQ+ friendly providers in the area, including at UPMC and Central Outreach. If a student is a regular client of the Counseling Center, the Center will write letters of support for hormone replacement therapy (HRT) or surgery access. The Counseling Center also offers LGBTQ+ support groups throughout the academic year.

STUDENT HEALTH SERVICES includes a list of sexual and LGBTQ+ health providers in the recommended specialists directory on their **myChatham page**.

The **OFFICE OF DIVERSITY, EQUITY & INCLUSION** offers LGBTQ+ educational and social programming throughout the year, including a Queer Student Lounge and the Queer Family Dinner series.



LOCAL & STATE RESOURCES

ALLEGHENY COUNTY provides a list of available trans-specific resources in Pittsburgh.

CENTRAL OUTREACH is a comprehensive LGBTQ+ clinic in Pittsburgh with inclusive services. They are grant-funded with very low costs for clients. Clients must receive STI testing to become a patient to fulfill the terms of their grants but then have access to all patient services.

GENE-LEIGH ZIEGLER, MS, LPC (as part of Open Space Counseling, Consulting & Wellness) is a LGBTQIA+, relationship minority, and culturally affirming therapist specializing in racial identity, LGBTQIA+ identity, gender & sexuality identity, trauma/PTSD, women's issues, and anxiety/panic.

EASTERN PA TRANS EQUITY PROJECT provides direct services to transgender and gender-diverse Pennsylvanians in a sixteen-county region in eastern Pennsylvania, including help with a legal name change, access to gender-affirming garments, and support groups. They also provide financial assistance for trans people, whether it is costs associated with getting a legal name change, gender affirming garments or prosthetics, gender-appropriate clothing, housing, food, or other expenses.

LIBGUIDES AT CARNEGIE MELLON UNIVERSITY offers a database of Pittsburgh and near-Pittsburgh resources, including faith and spiritual services, for LGBTQIA+ folks.

METRO COMMUNITY HEALTH CENTER serves the un-insured, under-insured, HIV positive, and the GLBT residents of the Pittsburgh region. They offer health care to all people, at every stage of life, without regard to their ability to pay.

PERSAD CENTER is dedicated to improving the well-being of the LGBTQ+ (lesbian, gay, bisexual, transgender, queer and questioning) communities and the HIV/AIDS communities in Western Pennsylvania. Through a variety of outreach, prevention, counseling, advocacy, and training services, they work to resolve problems faced by the LGBTQ+ and HIV/AIDS communities.



PGH EQUALITY CENTER serves as a bridge that promotes education, advocacy, and social justice for all LGBTQIA+ people and allies in Western Pennsylvania. Their hope is to cultivate a more collaborative, diverse, just, and empowered community.

PROJECT SILK is committed to member-driven structures and offers unique pathways to service delivery on site at their youth drop-in center. Project Silk provides STI/HIV testing on-site to increase knowledge of undiagnosed infections, implements behavioral interventions related to positive adult identity development and sexual health education, skills-based programming for youth to actualize their goals, and linkage to medical care and ancillary services to promote overall wellness within HIV-positive as well as high-risk negative communities.

PROUD HAVEN provides a list of LGBTQIA+ resources in Pittsburgh and some resources on the national level.

SISTERS PGH is a Black and trans-led non-profit organization that serves QTBIPOC (Queer Trans Black Indigenous People of Color) trans, and nonbinary people within Southwestern PA. Their services include Project T, which helps TGNC people transition from unstable environments and unsupportive communities to finding avenues to support and take care of themselves while connecting with the trans community. Brothers PGH also provides a space for transmen to thrive, receive resources, and organize around reproductive justice and the dissection of cis spaces that do not value and support transmen and the discrimination they face.

UNIVERSITY OF PITTSBURGH MEDICAL CENTER (UPMC), Chatham's main provider of healthcare and insurance, offers extensive LGBTQ+ clinical services. They also offer a young adult Gender and Sexual Development Program.



NATIONWIDE RESOURCES

HUMAN RIGHTS CAMPAIGN seeks to ensure that all LGBTQ+ people, particularly those who are trans, people of color and HIV+, are treated as full and equal citizens within their movement, across our country and around the world. HRC offers a **list of scholarships and grants** available for LGBTQ+ college students.

LAMBDA LEGAL is a national organization committed to achieving full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people, and everyone living with HIV through impact litigation, education, and public policy work. Lambda Legal co-created **Transgender Rights Toolkit: A Legal Guide for Trans People and Their Advocates**, a fact sheet of the most vital questions related to the life of transgender students on college campuses.

NATIONAL BLACK TRANS ADVOCACY COALITION seeks to improve the black transgender human experience by overcoming violence and injustice in the world through the power, value, and love of all people. They are a resource for finding local-community support for Black trans folks across the country, state by state, and their website includes a list of resources in Pennsylvania.

NATIONAL CENTER FOR TRANSGENDER EQUALITY (based in Washington, D.C.) advocates to change policies and society to increase understanding and acceptance of transgender people. In the nation's capital and throughout the country, NCTE works to replace disrespect, discrimination, and violence with empathy, opportunity, and justice.

STRANDS FOR TRANS is a database for trans-inclusive/friendly barbershops and hair dressers in the U.S. and Europe.

TLDEF: TRANSGENDER LEGAL DEFENSE AND EDUCATION FUND (based in New York) has engaged in pathbreaking trans rights cases and “friend of the court” briefs regarding the key issues of employment, health care, education and public accommodations. They seek to coordinate with traditional civil rights organizations and other LGBT civil rights organizations and provide public education on transgender rights.



TRANS EMPOWERMENT PROJECT (based in Knoxville, TN) seeks to assist and empower disabled trans and gender non-conforming people of color and end white supremacy in all spaces, including within the LGBTQIA+ community. They also provide aid and support for folks encountering homelessness.

TRANS JUSTICE FUNDING PROJECT is a community-led funding initiative founded in 2012 to support grassroots, trans justice groups run by and for trans people in the United States, including U.S. territories. They center the leadership of trans people organizing around their experiences with racism, economic injustice, transmisogyny, ableism, immigration, incarceration, and other intersecting oppressions. Every penny they raise goes to their grantees with no restrictions, and no strings attached because they truly believe in trans leadership. The link to apply for funding is [here](#).

TRANS LIFELINE (877-330-6366) is a support phone number developed by a community of transgender people with the purpose of communication and support. This organization is led by transgender people and supported by volunteers, offering a space for trans individuals to seek advice or talk to people who share similar lived experiences.

TRANS STUDENT EDUCATIONAL RESOURCES is a youth-led organization dedicated to transforming the educational environment for trans and gender nonconforming students through advocacy and empowerment. In addition to their focus on creating a more trans-friendly education system, their mission is to educate the public and teach trans activists how to be effective organizers.

TRANSGENDER LAW CENTER is the largest national trans-led organization advocating self-determination for all people. Grounded in legal expertise and committed to racial justice, they employ a variety of community-driven strategies to keep transgender and gender nonconforming people alive, thriving, and fighting for liberation.

THE TREVOR PROJECT offers counseling for LGBTQ+ individuals to receive support, critical resources, and health information. Folks can call, text, or chat with a counselor when they need support. They also offer a **resource list** for international LGBTQ+ youth.



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