



### From the Director



It's hard to believe another year has passed since the last InTouch nursing newsletter! I have been reflecting on the technology that allows us to impact so many students. I am grateful for the advanced knowledge and skills of the nursing faculty as they truly are leaders in the online learning community. Most of the faculty have completed the Chatham Faculty Technology Fellowship, benefiting from the focused time and instruction on the use of technology in education. The number of online programs

continues to increase and students continue to benefit from the fast-paced, individualized learning that occurs in a flexible, supportive virtual classroom. While there are many people that still do not fully understand the function, benefits or demand for online programs, we have been fortunate enough to enroll a group of professional nurses who thrive in the online learning environment. I want to thank the students who chose Chatham for their nursing degree (and some more than once!) and also those students and alumni who actively recruit for our programs. While time passes quickly, technology advances at a record pace. I am grateful for our skilled online faculty, our dedicated students, and a university that allows us to learn new technologies and explore innovative teaching strategies every day. I hope you enjoy this year's edition of the InTouch nursing newsletter!

Sincerely.

Diane Hunker, Ph.D., MBA, RN, professor and director of nursing programs

### Message from the Editor



The Chatham University nursing programs are pleased to share this edition of InTouch, a 2017-2018 Year in Review. This issue provides an overview of student and faculty accomplishments, alumni achievements, and various activities that occured over the last academic year. This newsletter was developed through collaborative writing with faculty of the nursing department serving as contributing authors.

Best Regards, Meigan Robb, Ph.D., RN, assistant professor and MSN program coordinator

### From the Dean



During the 2017-18 academic year, Chatham University completed the Strategic Planning Process (https://www.chatham.edu/\_documents/\_about/strategic-plan.pdf). A highlight of this process for me was

the identification and continued reinforcement of Chatham's values — because I believe they strongly resonate with the culture and values within the School of Health Sciences. The values include: Health & Wellness; Community & Public Engagement; Collaboration & Innovation; Diversity, Inclusion & Respect; Active & Lifelong Learning; Global & Critical Thinking; Sustainability; and Women's Leadership & Gender Equity.

The School of Health Sciences has had a very productive and rewarding year. We are in the process of completing a 3-year SBIRT grant (Screening, Brief Intervention and Referral for Treatment). While the Substance Abuse and Mental Health Services Administration awarded the grant to the physician assistant studies program, it has truly been a collaborative effort among all of the SHS programs. To date, we have trained over 700 students to effectively use patient-centered, evidence-based techniques for assisting patients/clients with substance abuse disorders. The BSN students have been active participants in this effort under the leadership of Dr's Chad Rittle and Michelle Doas.

Other highlights from the School include: the counseling psychology program was awarded a multiyear HRSA Grant (WELL Project) that focuses on

### **FACULTY SPOTLIGHT**

### Meigan Robb, Ph.D., RN, assistant professor of nursing, assistant director of nursing programs, MSN program coordinator

Dr. Meigan Robb is an experienced educator who has taught across all levels of nursing programs. She believes the process of learning is a shared responsibility of both the instructor and student. Dr. Robb strives to create an atmosphere that encourages students across all levels of learning to excel in their professions through integrating knowledge obtained in the learning environment to real world experiences. As a nurse educator her scholarly agenda focuses on curriculum design and evaluation, classroom management techniques,

educational strategies, and professional role development. To date she has published numerous articles and routinely presents at local, state, and national workshops and conferences. In May of 2018 Dr. Robb received the Buhl Professorship Award. The award is presented annually to a full time faculty member at Chatham University who has most distinguished her/himself in teaching, creative effort, or otherwise to recognize and encourage accomplishments of a high order.

Chatham University nursing programs would like to acknowledge Dr. Meigan Robb for being nominated for the 2018 Cameos of Caring® Nurse Educator Award. The future of nursing relies on the quality of instruction nursing students receive from today's expert nurse educators. Dr. Robb will be honored at the Cameos of Caring Gala at the David L. Lawrence Convention Center in Pittsburgh on December 1, 2018.

**A** 

### Sandi Stauffer, DNP '10, RN, adjunct professor

Kathleen Spadaro, Ph.D., PMHCNS, RN, associate professor of nursing

Sandi Stauffer, a 2010 graduate of Chatham University's Doctor of Nursing Practice program, started her nursing career with an associate degree in nursing from West Virginia Northern Community College in Wheeling, WV. She was recruited for a position in an emergency department in a Florida hospital before she finished her degree, and never looked back at the winters in West Virginia. After a variety of clinical experiences, Sandi's focus turned to education. She returned to school to complete her BSN in 2006, her MSN in 2008 and her DNP in 2010. Her first educational position was as a Director of Education for five years in a community hospital which included orientation and preceptorships for new hires, educational offerings and compliance for all hospital staff, and participation in all regulatory hospital reviews and inspections. Her next focus

was bringing her educational training to academia by assisting in the design of an RN-BSN program as a faculty member and then Associate Dean from 2010 to 2017.

Sandi joined the Chatham University as an adjunct faculty member in 2010, teaching one of the beginning DNP courses, *Structure & Application of Contemporary Nursing Knowledge*. She is known to be an instructor that challenges the students to stretch their abilities, learn APA writing style, and connect the dots between concepts, theory and evidence-based models. Her own student experiences through multiple online degree programs and at Chatham University provided Sandi with a foundation to connect with students as she explains, supports and guides them through coursework expectations.

### RECENT FACULTY AND STAFF SCHOLARSHIP

### **Peer-Reviewed Publications**

**Fisher, M.D., Sterrett, S.,** Weyant, D., & Ambrose, H. (2017). Perceptions of inter-professional collaborative practice and patient/family satisfaction scores. *Journal of Interprofessional Education and Practice,* 8, 95-102.

O'Neill, K., **Robb, M.,** Kennedy, R., Bhattacharya, A., Dominici, N., & Murphy, A. (2018). Mobile technology, just-in-time learning and gamification: Innovative strategies for a CAUTI education program. *Online Journal of Nursing Informatics*, 23.

**Rittle, C.,** & Francis, R. (2017). Immunization Nurse Champions. *American Nurse Today, 12*(9).

**Robb. M.,** & Shellenbarger, T. (2018). Constructive feedback: How to effectively have the difficult conversation. *American Nurse Today, 13*(6).

**Spadaro, K. C., Wolf, D., Wu, H., & Hunker, D. F.** (2017). Preparing for an international student cohort: Making a global impact on nursing. *Nurse Education Today, 57*, 88-94.

**Spadaro, K. C.,** Davis, K. K., Sereika, S. M., Gibbs, B. B., Jakicic, J. M., & Cohen, S. M. (2017). Effect of mindfulness meditation on short-term weight loss and eating behaviors in overweight and obese adults: A randomized controlled trial. *Journal of Complementary and Integrative Medicine*, *15*(2).

**Wu, H.,** & LaRue, M, E. (2017). Linking the health data system in the U.S.: Challenges to the benefits. *International Journal of Nursing Sciences, 4*(4), 410-417.

### Podium Presentations, Poster Presentations, and Workshops

**Doas, M.** (2017). Emotionally Competent Behaviors and Nurse Bullying: Is there a direct link?, National League for Nursing (NLN) Education Summit, San Diego, CA.

**Doas, M.** (2018). Promoting Empowerment Interventions among Patients Undergoing Mental Health and Substance Use Therapy, APNA (American Psychiatric Nurses Association) 32nd Annual Conference, Columbus, OH.

**Fisher, MD.** (2017). Functionality Tools: Time Management Approaches for Facilitating an Online Course in Moodle, World Congress on Nursing and Nursing Education, Rome, Italy.

**Fisher, MD., & Robb, M.** (2017). Student Moderator Online Activity: What, Why, and How!, 2017 Magna Teaching with Technology Conference Baltimore, MD.

**Fisher, MD,** & Ullman, F. (2017). *Application of EBP Process: Maximizing Lactation Support with Minimal Education*, World Congress on Nursing and Nursing Education, Rome, Italy.

**Hopkins, E.** (2017). *Up to Date: Ankyloglossia and Maxillary Lip-ties*, International Society of Nursing in Genetics World Congress, Reston, VA.

**Robb, M., & Doas, M.** (2017). *Padlet: Meet me at the Virtual Wall*, 2017 Magna Teaching with Technology Conference, Baltimore, MD.

**Robb, M., & Doas, M.** (2018). *Making it Brief: Repurposing Project-Based Learning with Technology Tools*, Pittsburgh Regional Faculty Symposium, Pittsburgh, PA.

**Robb, M., & Spadaro, K.** (2018). Who Me? Tech-Based Strategies for Promoting Doctoral Student Accountability in Online Courses, American Association of Colleges of Nursing (AACN) Doctoral Education Conference, Naples, FL.

**Slade, J.** (2018). *The Grieving Worker*, Pennsylvania Association of Occupational Health Nurses (PAAOHN) Annual Conference, Lancaster, PA.

**Slade, J. & Walter, L. L.** (2017). *Humanizing Feedback in the Online Classroom*, American Association of Colleges of Nursing (AACN) BSN Conference, Atlanta, GA.

Shellenbarger, T., & **Robb, M.** (2017). Feedback Fizzle: Techniques for Preventing Disappointment, Frustration, and Disengagement with the Evaluation Process, National League for Nursing (NLN) Education Summit, San Diego, CA.

**Spadaro, K.** (2018). *Resiliency: Physical Wellness and Resiliency: Emotional Wellness*, Young Survival Coalition's Regional Symposium, Pittsburgh, PA.

**Sterrett, S., & Fisher, MD.** (2017). Perceptions of Interprofessional Collaborative Practice and the Correlation with Patient and Family Satisfaction Scores, Greater Pittsburgh Nursing Research Conference, Pittsburgh, PA.

**Sterrett, S., Fisher, MD.,** & Weyant, D., Ambrose, H. (2017). *Interprofessional Perceptions of Collaboration in a Pediatric Hospital Setting: An Academic/Practice Research Partnership*. Greater Pittsburgh Nursing Research Conference, Pittsburgh PA.

### **SCHOLARSHIP** (cont)

- **Walter, L. L., & Slade, J.** (2017). *Using Technology to Decrease Student Isolation in Online Education*, American Association of Colleges of Nursing (AACN) BSN Conference, Atlanta, GA.
- **Wolf, D.,** & Phung, L. (2018). *Studying in the States: Challenges, Strategies and Support Services*, NAFSA: Association of international educators' annual conference, Philadelphia, PA.
- Wolf, D., & Olszewski, K. (2018). *Big Data Analytics: Top 5 Things You Can Do to Improve Safety and Health Among Employees*, SEAK 2018 National Workers' Compensation and Occupational Medicine Conference, Cape Code, MA.
- **Wolf, D.,** & Olszewski, K. (2018). *Exploring Occupation Health Nurses' Understanding and Needs in Regards to TWH*, National Institute for Occupational Safety and Health, 2nd International Symposium to Advance Total Worker health, Bethesda, MD.
- Wolf, D., Wu, H., & Spadaro, K.(2018). Exploring Chinese Nurses' Learning Needs and Cultural Beliefs When Studying in the United States, 7th International Nurse Education Conference, Banff, Canada.
- **Wolf, D.,** & Olszewski, K. (2018). *Empowering Nurse Leaders Through the use of Big Data Analytics*, 7th International Nurse Education Conference., Banff, Canada.
- Wolf, D., & Olszewski, K. (2018). *Total Worker Health: Where are we.....Where do we Need to be?*, American Association of Occupational Health Nurses 2018 National Conference, Reno, NV.

# Faculty Focuses on Sustainability and Climate Change

As nurses, acting as an advocate for healthcare issues impacting the public and the global community, we must stay committed to human caring. Dr. Jennifer J. Wasco, an assistant professor of nursing and the practice experience coordinator for the nursing programs at Chatham University, shares this passion. She wants to ensure advocacy of a well-lived life happens for current and future generations of our global community.



Dr. Wasco's area of scholarship focuses on public health concerns. She has a particular interest in climate change and its burden on human health. In the past year, she wrote an op-ed published in the Pittsburgh Post-Gazette highlighting this topic and how nurses are essential in planning for the public health concerns we foresee arising from the impacts of climate change.

Alongside this critical work, she also works to develop nursing engagement in sustainability and climate change leadership with various professional organizations such as Physician for Social Responsibly (PSR). She believes that nurses will play an essential role in both improving health and develop new ways to incorporate sustainable practices into the healthcare setting that

will benefit the world's people.

To further these pursuits, Dr. Wasco also works very closely with the Association of Nurses for Healthy Environments (ANHE), attending conferences, and being a member of the education focus group. She has found that membership within this organization leads to finding innovative ways of merging healthcare and sustainability.

Dr. Wasco also attended in the fall of 2017 the Climate Reality training led by vice president Al Gore. This two-day workshop on climate change reality reinforced to her that becoming a leader and champion for sustainable practices is both worthy and timely.

She hopes that her work within the University will create future, creative innovations within the School of Health Sciences by leveraging the pristine beauty of the Chatham University Eden Hall Campus. These goals, build on a future where nurses take leaps forward thinkers, leaders, and innovators in the healthcare arena to make wellness a priority. She has recently was invited to present at the Sustainability Curriculum Consortium Conference highlighting the efforts the Chatham University School of Health Sciences is taking to thread sustainability into the student experience.

## Dr. Debra Wolf Launches New Program Focused on Healthcare Informatics

This past year, the first cohort of Healthcare Informatics students graduated from Chatham University. Dr. Debra Wolf, a nursing faculty member since 2011, developed the Masters in Healthcare Informatics program and was recently appointed as the program director. Dr. Wolf has worked collaboratively with numerous experts in the field to design each course within the program. The 30-credit program was developed with working health professionals in mind and can be completed fully-online in as few as 18 months. Chatham is excited to be part of a healthcare revolution that's improving the health of people and communities at unprecedented rates. Nurses wishing to earn an MSN in Informatics will be able to enroll in courses from both the MSN and the MHI programs. For those not interested in a full master's degree, a 9-month (12 credit) certificate of completion program is also available in healthcare informatics or healthcare analytics. Beginning summer 2018, Dr. Wolf will be dedicated to the MHI program and no longer part of the nursing department. We wish Dr. Wolf all the best in her new venture and thank her for her service to the nursing department over the past seven years.



In November, *Pittsburgh Magazine* announced the 2017 award recipients for the annual recognition of Excellence in Nursing. A regional panel of nursing leaders, educators, and administrators evaluated and selected individuals for their notable contributions. There were four categories of recognition –

Leadership, Entrepreneur, Clinician, and Academic. Dr. Debra Wolf, Chatham University professor of nursing and health care informatics, was awarded an *Honorable Mention of Achievement* in the category of Academic. Biographies of the awardees can be found on pittsburghmagazine.com.

# Nursing Department Participates in Walk to Support Suicide Prevention Awareness

Marilu Piotrowski, Ph.D., RN, assistant professor of nursing

For the second year in a row, the nursing department participated in the American Foundation for Suicide Prevention Out of Darkness Campus Walk. The event, coordinated by School of Health Sciences' Dr. Sharon Novalis (Occupational Therapy), was held on April 7 at Chatham University. Faculty, staff, and students of the nursing programs were among the 350 participants. A ceremony featuring remarks by President Finegold and survivors, along with music and a poetry reading kicked off the event. An "honor beads" table provided different colored necklaces for the walkers to wear as a tribute to their loved one lost—child, spouse, parent, friend, etc. Sunshine

peeked through the clouds at the end of the opening ceremony—another sign of hope for the future!

Following the walk, activities on campus included a ceremonial tree planting, areas for prayer flags, and music. The 2018 Chatham walk raised \$20,695. Out of 33 participating teams, nursing represented one of the top teams with over \$800 donated this year. The money will be used for research, educational programs, public policy advocacy, and support for survivors of suicide loss.



### INTERNATIONAL CORNER

### Lifelong Memories and Notable Achievements

Michelle Doas, Ed.D., RN, associate professor of nursing and international MSN track coordinator

This past year we had the pleasure of educating our fourth cohort from our partnering university in Shanghai, China. As with past cohorts, students networked with peer partners within the School of Health Sciences. Networking opportunities allowed students to share educational and cultural experiences with students from various health-care disciplines. Students expressed appreciation for both professional and cultural networking experiences gained throughout the year. Additionally, students had the opportunity to network with other Chatham international students and students from nearby colleges and universities. Both formal and informal networking experiences were deemed valuable in social, cultural and educational ways.

The students also participated in a variety of educational conferences, both local and national in scope. They also enjoyed visiting several teaching hospitals and community settings as a means of broadening understanding of health-care practices in the United States. Students were exposed to the use of health-care simulation and innovative healthcare technology via field trips to neighboring universities





and healthcare settings. Additionally, students traveled extensively during semester breaks and long weekends to sites such as, Alaska, New York, California, and Washington D.C.

Previous MSN International graduates continue to excel and share knowledge and expertise, both at home and abroad. Li Qian (Pinky) did an oral presentation at the 13th Conference of the European Council of Enterostomal Therapists last June in Berlin, Germany. Yu Chen (Lisa) following completion of her MSN practicum on hypothermia, was recently featured in AHN's First Quarter 2018, Periop Newsletter. Additionally, the MSN International Chatham Alumni association continues to grow and provide networking opportunities for graduates. Chatham's president, Dr. David Finegold had dinner with the alumni group (spanning all cohorts) during a visit to China in November, 2017.

# Dr. Richard J. Schilling and Barbara Whiteside Schilling Pathways to Nursing Scholarship

Dr. Richard Schilling have established the Dr. Richard Schilling and Barbara Whiteside Schilling and Barbara Whiteside Schilling Pathways to Nursing Scholarship at Chatham University. This fund will award \$10,000 to one eligible student during their final year of study when they enter the BSN component of Pathways to Nursing. For the 2018-2019 academic year, Nadia Frock is the scholarship recipient.

The Schillings established this scholarship to honor and support Pathways to Nursing students who passed the NCLEX licensing exam and are licensed as a Registered Nurse (RN). They hope this assistance will enable the recipient to concentrate on his or her studies rather than finances during their final year as they complete their BSN degree.

The Schillings also fund the Barbara Whiteside Schilling '50 Scholarship Fund, the Dr. Richard J. Schilling and Barbara Whiteside Schilling Physician Assistant Fellowship, and the Dr. Richard Schilling and Barbara Whiteside Schilling Doctor of Physical Therapy Fellowship at Chatham University.

### PRECEPTOR SPOTLIGHT

# Michael A. Zielinski II, DNP '15, APN, CEN, RN, EMT

Jennifer J. Wasco, DNP, RN, assistant professor of nursing and nursing practice experience coordinator

When the call for DNP Preceptors went out, Dr. Michael A. Zielinski II responded without a second thought. Dr. Zielinski has been answering the call for help for his entire professional life, and it was no surprise that when the need for DNP Preceptors presented itself, he was ready, willing, and able to step up and offer his help to precept DNP students. Since earning his DNP from Chatham University in 2015, he has precepted several DNP students from Chatham University. Dr. Zielinski firmly believes that it is not only an honor and a privilege but the responsibility, no matter how busy they may be, to counsel and help guide the DNP students during their doctoral journey.

As a police officer with over 27 years of experience, Dr. Zielinski has been assigned to multiple specialty units & divisions; including the Patrol Division, Traffic Unit, EMS Unit, Bicycle Unit, Police Academy, Education and Training Bureau, and the Criminal Investigations Bureau. Dr. Zielinski is also a New Jersey emergency medical technician with over 35 years of emergency medical education and field experience with over 28 years of experience in pre-hospital trauma life support education.

As a registered nurse with over 26 years of experience and a family nurse practitioner with over 14 years of experience. Dr. Zielinski currently works as a nurse practitioner in an urgent care/occupational health medical center and was previously in private practice in pain management and was in a hospital-sponsored retail health clinic. Dr. Zielinski was also adjunct nursing faculty for Gloucester County College, Sewell, NJ, Fairleigh Dickinson University, Teaneck, NJ, and the University of Medicine and Dentistry of New Jersey, Stratford, NJ. Dr. Zielinski's multifaceted and varied experience has provided him the opportunity to continue to answer the call for help no matter when or where it may come from – we are thankful for his service.

### **Precepting: A Rewarding Experience**

Precepting is a formal arrangement between a novice and an experienced person for a defined period. Preceptors serve as role models working in a collaborative fashion with the student towards meeting established program goals.

Precepting is an immensely rewarding experience for both the student and preceptor. It is also an essential component to nursing education. The identification of preceptors grows increasingly difficult as competition for practice experience sites increase and doctorally prepared nurses are not yet vast in number. Take a moment to reflect on your practice experience preceptor and the valuable experience they provided. Please consider donating your time and knowledge to advance the field of nursing through precepting for Chatham University nursing programs.

As a preceptor, you are required to sign a student-preceptor agreement, provide a copy of your CV and your professional license number for verification and approval. If you are interested in precepting, please contact Jennifer J. Wasco, DNP, RN, practice experience coordinator, at jwasco@chatham.edu or 412-365-1378.

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training psychologists in integrated care models; the occupational therapy program co-sponsored the "Out of the Darkness Campus Walk" for the second straight year in collaboration with the American Foundation for Suicide Prevention; the movement science department has begun the process of applying for initial accreditation for the athletic training program; and the healthcare informatics program has developed two fully online 12-credit certificates, one in Informatics and the other in analytics.

My best to you all, Patricia Downey, PT, Ph.D., DPT

### STUDENT SPOTLIGHT

### **DNP Student Addresses Opioid Dependence** with Members of the Suquamish Tribe

Susan Sterrett, Ed.D., MSN, MBA, associate professor of nursing

Lisa Pratt, current Chatham University DNP student, is a Psychiatric Mental Health Nurse Practitioner at the Suquamish Tribe Wellness Center, a small behavioral health clinic that serves Suquamish tribal members and their families. As the only prescriber in the clinic, approximately 50% of her work is directed towards medication-assisted treatment (MAT) for substance use disorders - primarily



opioid dependence. Lisa was one of the first nurse practitioners in Washington State to become waivered by the DEA to prescribe buprenorphine, medication used to treat opioid addiction. She states this has become the most fulfilling aspect of her job because she sees lives turned around dramatically.

For her capstone project, Lisa focused on launching an overdose education and naloxone distribution program. The first step in establishing the program involved seeking permission from the Tribal Council.

Presenting before the council was a daunting experience. Through the discussions she had with the council, Lisa realized there was a significant lack of education and understanding of opioid overdose in this community. She then had to work with the tribe's attorney to write tribal code to include Good Samaritan protection for third party administration of the opioid overdose reversal medication naloxone. Most people she spoke with were not aware that the tribe did not have Good Samaritan law in place. Prior to implementation of Lisa's project, a law was written and passed into tribal code.

Lisa received a small grant of \$1,000 from the tribe to help offset project expenses and will receive an additional \$40,000 from the state in July. The additional funds will help support a large-scale naloxone distribution program for the community. The project will culminate in a large overdose awareness day community event with a barbecue, remembrance activities to honor those lost to overdose, and large-scale naloxone training and distribution.

### **HONOR SOCIETY**

### **Chi Zeta: Chapter Update**

Michelle Doas, Ed.D., RN, associate professor of nursing, and Chi Zeta chapter president



Sigma Theta Tau International Honor Society of Nursing\* The Chi Zeta chapter of Sigma Theta Tau International Honor Society of Nursing

had a successful year of providing opportunities for knowledge dissemination and professional development of nurses. The chapter's annual education event coincided with Sigma's Founder's day events in October, 2017. The International MSN students, cohort #3, presented two virtual educational forums integrating health-care and cultural comparisons between the United States and China. Highlights of the presentations included role playing clinical and cultural differences experienced during their time at Chatham. The presentations were recorded and are now viewable on the chapter's website.

Chi Zeta's s annual virtual spring induction ceremony was held on May 23, 2018. The induction speaker was Dr. Jen Wasco, DNP, RN. Dr. Wasco's presentation was related to various sustainability issues in healthcare, including the nursing profession. The topic directly aligns with Sigma's Sustainability global mission initiative. The induction ceremony is now viewable on the chapter's website.

Chi Zeta provides many opportunities for membership involvement in leadership, scholarship, and community service. The chapter website can be found at chizeta.nursingsociety.org. If you are a member of STTI but not part of Chatham University's Chi Zeta chapter, please consider joining our current membership by contacting STTI Membership Services at 888-634-8174 or memserv@stti.iupui.edu. If you are a current member and interested in joining the leadership succession committee, or education committee please contact the Chi Zeta Chapter President Dr. Michelle Doas at mdoas@chatham.edu.

### **NURSING PROGRAM GRADUATES**

We are pleased to extend our congratulations to the following Chatham University nursing programs students that received a degree conferral in this past academic year.

### **AUGUST 2017**

#### **BSN**

Alisha Butterfield Connor Fitzmaurice Stephanie Linkowski Nicole Patterson Katherine Pierson Abbey Sung Steven Todoric Devin Zydel

### **MSN** International

Yiying Fang
Birong Gao
Xiaoyan Gao
Xiaoying Guo
Yanhua Jiang
Zhiwen Jin
Wenting Li
ZhouXing Luo
Lei Pan
Jing Ren
Chenyu Zhang

### DNP

Cheryl Armstrong
Leon Chen
Christine Daisey
Nicholas Demetriou
Christy Ekeke
Pamela Elliott
Barbara Ferdiani
Alexandra Gurko
Lisa Hengen
Ryan Jacobsen
Stanley Kidiavayi

Lyse Laurin-Pierre
Laura Lucas
Keisha Miller
Clementina Ogwuma
Laura Romano
Marc Silfies
Colleen Silk
Nicole Turner

### **DECEMBER 2017**

### **BSN**

Ranee Catalone Megan Finnegan Vijai Jaitley Rachel Johnson Alayne Jones Naomi Kirkpatrick Katie Leal Carley Lenz Jenna McHale Kayla Nagel Jill Peck Allyson Rosendale Emily Sheaffer Kenneth Staab Tammi Thinnes Dante Trombini Kristin Vleugel

### **MSN**

Ashlee Kenny Liam Steigerwald

### **DNP**

Bilqees Abdallah Victoria Adaramaja Rosamma Babyjoseph Nicoletta Blaise Fredo Clermont Annette Dye Jordan Eason Lecresha Evans
Chinyere Ibeneme
Stella Mbah
Ekom Nnamdie
Chika Okechukwu
Shirley Quarles
Kristen Ray
Laurie Sheffield
Mike Supplice
Alonna Wannamaker
Dorie Weaver
Andrena Wright

### **MAY 2018**

### **BSN**

Kami Adcock Kelly Ament Christopher Clark Katie Gestiehr Carson Hines Lindsey Hoffman
Teresa Holmes
Megan Kopke
Natalie Losko
Elizabeth McKinney
Jessica Olsen
Jaclyn Paceley
Heather Rosky
Alyssa Santoro
Darcy Seidel
Bonnie Walenchok
Antwanette Williams
Christopher Zebert

### MSN

Jenna McHale

### DNP

Jacqueline Ambush Megan Bilotti Mary Carter Susan Costello Carolina DeVarona Marianne Fingerhood Reginaldo Horwitz David Kerecman Greta Lopez Bridget Nkatta-Abongwa Ngozika Okove Stephanie Padv Dana Perlman Kimberly Rodda Joseph Rosario Tamara Russell Pooja Shah Diane Starkes-Ross Sui Unzelman

Lora Walter



### **DNP On-Campus Residency Recap**

The Chatham University's School of Health Sciences Doctor of Nursing Practice program prepares nurses to practice as experts in the promotion and use of evidence-based practice in health care delivery systems. Twice per year, spring and the fall, DNP students from around the country gather on Chatham University's Shadyside Campus for a two-day retreat to share their evidence-based practice change projects in the form of a professional poster presentation. During this time, the faculty and staff, peers, colleagues, and the healthcare community learn more about each student's evidence-based practice change project through interactive dialogue. This year over 75 DNP students attended the required event.

### **ALUMNI SPOTLIGHT**

### **DNP Alumna Receives VA Innovation Grant**

Emily Hopkins, Ph.D., RN, WHNP, FNP-BC, associate professor of nursing



Sui Unzelman, DNP '18, RN, VHA-CM immigrated to San Antonio, Texas from Hong Kong as a young child. She grew up helping with the family restaurant business but as a young adult chose a different career path. In 1992, she obtained her BSN from the University of Texas Health Science Center and in 2004 completed an MSN from the University of the Incarnate Word—graduating with distinction as the recipient of the Sister Charles Frank Leadership award. Professionally, Sui has 27 years of VA experience at South Texas Veterans Health Care System. She is considered an expert at preparing and planning for numerous continuing learning activities throughout her current 13-year tenure role as nurse educator. In this role, she is responsible for the oversight of nurse planners and ensures continuing education programs are in compliance with TNA and ANCC guidelines.

Sui chose to pursue further nursing education and successfully obtained her DNP from Chatham University in 2018. Her DNP capstone project, Individualized Music Therapy Intervention to Decrease Agitation in Patients with Dementia, was implemented at a nursing home and focused on playing music during a dementia patient's acute periods of agitation as a nonpharmacologic intervention. Inspired by her DNP capstone, Sui applied for the VA Spark-Seed-Spread Innovation Investee grant. This Innovation grant was recently awarded by the VA Innovators Network to Dr. Unzelman for implementation of a therapeutic music program among Veteran using MP3 digital technology. The program promotes veteran music preference as it recognizes the importance of encouraging the veteran to identify specific songs or artists that they enjoy listening to. The emotional feelings and positive memories associated with their chosen song has the potential to uplift mood, reduce anxiety and agitation, and decrease reliance on medications for the management of behavioral issues. Future plans for the innovative music program include dissemination to areas such as long-term care, intensive care, mental-health, and rehabilitation units.

Please keep the Chatham University nursing programs updated with your achievements – we would like to share your scholarly work and projects with the Chatham University community. Send your stories, news, and publications to a.mcclellan@chatham.edu.

The Office of Alumni Relations would like to stay connected with you. Please keep your contact information updated by e-mailing alumni@chatham.edu.

Did you move? Change jobs? Or have a professional or personal update to share? Keep in touch with Chatham and your classmates by visiting **chatham**. **edu/alumni**. There you can become a member of the alumni directory, view and share classnotes, as well as get updated information on alumni events in Pittsburgh and around the country, and register and pay for events online! E-mail Alumni Relations for your unique ID needed to login!

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