

*In the art studio with
Professor Charles LeClair,
1950*

Chatham
150 Years
1869-2019

chatham

SPRING 2019

RECORDER

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Chatham Then & Now

Left: Residence Hall, 1939, University Archives & Special Collections

Right: Alexis Rectenwald '16, Woodland Hall, 2016

To see more Then & Now photos, visit 150.chatham.edu/then-now

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FSC Logo

2

University
News &
Events

4

Chatham 150th
Anniversary:
Chatham &
Pittsburgh

6

Chatham 150th
Anniversary: But
What's a PCW?



8

Chatham 150th
Anniversary
Events

10

Sophie
Slesinger,
MAFS+MBA '18

14

Vanessa McCarthy-
Johnson '18,
MBA '19

18

Nicholas Uram,
MAP '10, PsyD '16

22

Women
in Science

26

Aging
Simulation

30

Class Notes &
In Memoriam

News

CHATHAM RECEIVES GRANTS TO SUPPORT A NEW MENTORSHIP INITIATIVE...

The Staunton Farm Foundation has awarded Chatham a grant to support the development of a new mentorship program for women in substance abuse recovery as part of the existing Maenad Fellowship Program. The Maenad Fellowship Program and new mentorship initiative are both part of Words Without Walls, which annually hosts 18 classes taught by Chatham MFA in Creative Writing students and serves 300 people in the Pittsburgh community.

...A NEW MAJOR... Chatham has been awarded a \$1 million grant from the McElhattan Foundation to help fund its new Bachelor of Immersive Media (IMM) program launching in fall 2019. The program blends virtual reality (VR) and augmented reality (AR) technology with theory and practice and will prepare graduates for careers in this expanding industry in the fields of entertainment; healthcare; game design; architecture; training and education; marketing; and more.

...AND TO COMBAT SEXUAL AND GENDER-BASED VIOLENCE

Chatham has received a \$30,000 grant from the Governor's It's On Us PA program to help expand gender and sexual violence prevention on campus and in the surrounding area. The grant will fund events, trainings, and projects to educate the Chatham community and foster a strong campus climate in which sexual assault is unacceptable and survivors are supported.

For more information, visit pulse.chatham.edu

Michael and Frederick
by Annie O'Neill

Annie connected an immigrant who has been in the U.S. for a while with an immigrant who is newer to the country to have a discussion, then photographed them together.

Michael Schilling was born in Australia and arrived in the U.S. in 2008. Frederick Douglas was born in St. Kitts and arrived in the U.S. in 1977. Both are engineers.



Events

OUT OF MANY: STORIES OF MIGRATION

Chatham hosted *Out of Many: Stories of Migration*, an exhibit featuring the faces and experiences of multiple generations of migrants, immigrants, and their descendants from January 29 through April 4 in the Chatham Art Gallery. Working from the premise that “we have all come from somewhere,” *Out of Many* explored the central role that migration and immigration have played, and continue to play, in the formation of our identity and culture, and in sustaining our economy – and in so doing, aimed to create a space for civil, constructive conversation about belonging and cultural heritage today.

HOLLANDER LECTURE IN WOMEN'S LEADERSHIP FEATURING VIVIAN LOWERY DERRYCK '67

On March 12, Vivian Lowery Derryck '67 presented the Hollander Lecture in Women's Leadership. Derryck is a veteran foreign affairs specialist with a particular focus on strengthening democracy, education and women's equity in Africa. Her work has been recognized with numerous honors and awards, including selection as a Purpose Prize Fellow, the African Union's African Women of Excellence Award, Guggenheim Humanitarian Award, NCNW Martin Luther King Service Award, and a UNICEF Achievement Award.

ELSIE HILLMAN CHAIR 2018-2019 LECTURE FEATURING MAGGIE HABERMAN

On April 3, the Pennsylvania Center for Women and Politics welcomed renowned *New York Times* White House Correspondent Maggie Haberman as the 2018-2019 Elsie Hillman Chair. One of the most influential voices in national affairs journalism today, Haberman opens audiences' eyes with a remarkably informed perspective on President Trump, based on their complex relationship and her history of covering him. She examines his influence on key issues affecting all Americans and his battles with the American press.



Chatham
150
Years
1869-2019

Chatham & Pittsburgh

By Chloe Bell '15

Throughout the year, we'll be telling "Chatham And's" – deep dives into our relationship with various topics. This excerpt from "Chatham & Pittsburgh" looks at the relationship between the two from the lens of education.

To tell the story of Chatham's identity, you must honor the significance of place. Chatham's cove-like structure sometimes lends itself to being self-contained, separate from the bustling Steel City. But the interwoven nature of Chatham and Pittsburgh is apparent in three movements of transformation: **education**, **healthcare**, and **sustainability**. The city that replaced its steel-oriented identity with "eds and meds" in the eighties and nineties renewed its commitment to sustainability in 2017. Chatham's own evolution parallels that of Pittsburgh—from founding one of the first women's colleges in the country in 1869 to breaking ground on one of the first campuses devoted entirely to sustainable education in 2010 and providing innovative and outstanding health sciences education. These three pillars have enabled exponential growth throughout Pittsburgh and within Chatham.

Education

Each era of Chatham's institutional identity—Pennsylvania Female College (PFC), Pennsylvania College for Women (PCW), Chatham College, and Chatham University—is synonymous with its own educational mission. While PFC began the exploration of women's education, PCW solidified its integrity and validity as a force for women's empowerment. Chatham College sought greater recognition and respect from its peers. Chatham University rewrote the playbook and expanded its horizons.

Throughout the nineteenth century, scholars traveled the country to implore intellectual leaders to engage a relatively untapped resource—women. In 1869, the University of Pittsburgh had already existed for nearly 100 years, though it had only educated men thus far. When the prospect of educating the city's women arose, educated, middle-class men throughout Pittsburgh recognized the value of such a pursuit. The founders of PFC were predominantly Presbyterian—a strong faith tradition in Western Pennsylvania

whose disciples founded a majority of Pennsylvania's early colleges.¹

A hub for women's education in Pittsburgh would keep women in the city, rather than forcing them to pursue education elsewhere. As a result, educated women became an integral part of the city's modern trajectory.

The decision to build a women's college in Pittsburgh was viewed as a power move for the city itself.² PFC's first class came from predominantly Pittsburgh neighborhoods—East Liberty, Oakland, Squirrel Hill, and more.¹ In the early days, the curriculum was non-denominational and educated students broadly in languages, arts, sciences, and literature.¹ The goal was not to provide vocational skills or build a female workforce. Instead, PFC founders sought to provide a well-rounded education that would be of use to nineteenth century women, suiting them in a variety of capacities typical to their daily lives.

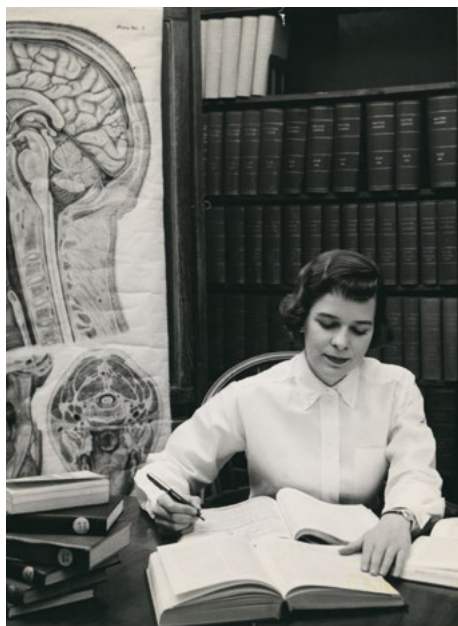
As PFC began the pursuit of women's education, the population of Pittsburgh more than tripled over 30 years.² This

sudden influx of populations in need, often immigrants or impoverished families, triggered discussions of how to best serve these communities. Chatham women began to participate in more complex discussions of the culture—they wanted to contribute and they wanted to serve.²

In 1890, the students and alumnae of PFC petitioned the college to change its name to Pennsylvania College for Women (PCW).¹ Though the majority of PCW graduates still worked primarily in the home as wives and mothers, a handful were finding work as teachers, editors, and writers. This new era of women's education coincided with new service-oriented pursuits throughout the city: social services were becoming public and non-denominational.² Women from PCW began volunteering with local service organizations and seeking careers in social work.

Shortly thereafter, PCW created a social work degree program: one of the first educational social work programs in the country and the first program in the history of the institution aimed at training students for a specific career.² The program collaborated heavily with service-oriented organizations in Pittsburgh. This newfound career path for PCW's graduates helped ignite their determination and sense of

visibility and hearkened to deep-seated ties to Pittsburgh.² The new and improved Chatham College began to foster more Pittsburgh partnerships. In 1966, the Pittsburgh Council on Higher Education (PCHE) was formed to allow collaboration, shared resources, and educational support between Pittsburgh's accredited educational institutions. In the years to come, Chatham faced the increasing pressure felt by liberal arts colleges around the country,



rapidly growing fields of the time.² The school signed collaborative agreements with other universities, allowing students options beyond Chatham's course catalog, and added co-educational graduate programs in the early '90s.

In this new phase of Chatham's identity, a global perspective became an essential element of the curriculum. The global focus program was launched in 1995, in which the campus community devoted each academic year to the study and celebration of a new country's culture and history.² International travel was encouraged and promoted as a quintessential element of Chatham's new and improved "world-ready woman," a phrase coined in 1999 that resonated with students long after.

Once Chatham received university status and elected to go fully co-educational, the curriculum underwent a complete overhaul, honoring the traditional aspects of Chatham's educational legacy while incorporating new and innovative approaches. Today's curriculum fosters strong writing and technology skills. Students are encouraged to gain a broad understanding of sustainability, global perspectives, and civic engagement, while honing career-specific skills in the field of their choice.

Despite the vast changes a Chatham education has undergone over the past 150 years, one thing has remained consistent. Our faculty build unique relationships with our students through opportunities for collaboration and personalized attention. One shining example: Maggie McGovney's bond with Assistant Professor of Biology, Pierette Appasamy, Ph.D. which helped her stand out in a sea of competitive medical school applicants. ▀

References

1. Dysart, L. (1960). *Chatham College: The First Ninety Years*. Pittsburgh, PA: Chatham College.
2. Brignano, M. (2017). *Chatham: A Transformational University*. Pittsburgh, PA: Chatham University.

A hub for women's education in Pittsburgh would keep women in the city, rather than forcing them to pursue education elsewhere. As a result, educated women became an integral part of the city's modern trajectory.

purpose as members of Pittsburgh's society. The transition was notable for Chatham as well, as it took the first step towards developing more career-oriented curriculums.

In 1955, the decision was made to change the name from PCW to Chatham College, after William Pitt, First Earl of Chatham and the namesake of Pittsburgh.¹ The name change was rooted in an effort to gain more national

particularly women's colleges. Students wanted the security of post-graduate work, and so rose an increasing need for professional skill-building within the classroom.

Over the next several decades, Chatham College set off to build on its traditional liberal arts curriculum. Undergraduate majors were added, including accounting, environmental studies, women's studies, arts management, and media arts—all

Explore more of the Chatham & Pittsburgh story—and read new Chatham And stories—at 150.chatham.edu

“But What’s a PCW?”

By Chloe Bell '15

Old and quotable Recorder bits...

150 years of existence demands a sense of humor—few things live this long. As Chatham celebrates its 150th anniversary, we perused Recorders past for some levity. Nearly as old as Chatham itself, the Recorder (est. 1883) provides some insight into things that were once considered important—as well as some things that have stood the test of time. Check out some of our favorite snippets:

Is marriage compatible with college?

Former Chatham Professor of Biology, Dr. Phyllis Cook Martin considered a “grave concern” of the early sixties:

“The married woman student may develop ‘agility in thought and action’ in certain limited areas faster and to a greater degree than she or even Chatham’s Evaluation Services ever thought possible. Some of her husband’s ingenious ideas about love-making may amaze her, and the performance of all the tasks necessary to housekeeping and married life in general may take more mental, emotional and physical agility than Chatham’s modern dance classes ever did.”

— Dr. Phyllis Cook Martin, fall 1960

Have we always had this many bulletin boards?

A student in the fifties muses on the overwhelming number of bulletin boards on campus:

“Something has been prevalent on this campus ever since I have been here. And I wonder—did they always have so many bulletin boards? It is all very well to let people know what is going on, but there are sixteen bulletin boards on the first floor of Berry Hall alone. And they are always swarming with notices. It is a far, far better thing if you don’t read a newspaper for a week than if you pass up one of those boards for even one day. Why, they are likely to contain your whole little future.”

— Nancy “Beetle” Brady ’52, fall 1950



What is a PCW?

If you've ever had a hard time remembering our previous names and their acronyms, you're not alone:

"When a freshman caught sight of the music sheet I was photocopying and asked me what it was, I explained that it was a PCW song from the 1890s. 'Oh how great!' she said. After a second's pause, she added, 'But what's a PCW?'"

— Dr. John Cummins, summer 1995

What's worse: smoking or denim?

Today, all of Chatham's campuses are smoke free and our students wear whatever they like, but not so long ago, the rules were quite different:

"Smoking is permitted in the dining room at the main meal of the day:

1. After dishes from the main courses have been cleared
2. If ashtrays are used
3. If one is neat, clean, and considerate
4. If one does not cause lingering in the dining room."

— Originally published in 1953 Student Handbook, reprinted summer 1995

"Blue jeans may not be worn to the movies, on street cars, in East Liberty or similar sections or for shopping. The utmost taste, discretion, and propriety must be exercised in deciding when and how to wear blue jeans."

— Originally published in 1953 Student Handbook, reprinted summer 1995

Why solicit when you can shame?

The Pennsylvania College for Women had a slightly different approach to asking alumnae for donations. It may be a stretch to call it asking...

"Can you live on \$0 a year? You can't? Well, neither can the PCW Alumnae Association!"

— PCW Alumnae Association, fall 1946

"We are sorry to have occasion to call attention to the fact that some thirty or forty members of the alumnae association have failed to pay the annual tax of fifty cents. The treasurer reports much difficulty in collecting it. This should not be so. Everyone seems glad to receive the Recorder, but many appear to forget that MONEY is necessary to have it printed. It has been proposed that a list of the names of those who have not paid be printed in our paper under the title of 'Delinquent Tax Payers,' but this year we refrain, and hope that next year there may be no such list to publish."

— PCW Alumnae Association, spring 1950

Where oh where is the Post Office?

Proof that Chatham offices are locked in a longstanding game of musical chairs:

"Time's endless monuments, at least in terms of the physical campus, have altered rather drastically. The Woodland parking lot has been merlined into the library, the library is the music center, the music center seems to be the bookstore and post office, and Murray Hill apparently slid somewhere. The old snack bar is a corridor and I can't even find the underground passage from Mellon to the carriage house...music center...post office."

— Barbara Dallas Palmer '65, former assistant professor of English, spring 1976



Carnegie Tech and Chatham couple combines study and housekeeping.

how they will keep the home clean and tidy, how they will manage when the

Chatham Recorder, fall 1960

Joins us for a special 150th Anniversary Weekend

October 11-13, 2019

Friday, October 11

-➤ **PROGRESSIVE COCKTAIL HOUR AND WALKING TOUR OF EDEN HALL CAMPUS**, followed by a family-style, **FARM-TO-TABLE DINNER** featuring foods grown at Eden Hall, beer and wine, and live music.

Saturday, October 12

-➤ Chatham's beloved traditional **BLOODY MARY AND MIMOSA RECEPTION** with a twist, followed by Alumni Awards and Distinguished Alumna Keynote Address. Musical selections by world-renowned pianist and story-teller Robin Meloy Goldsby '79 emceed by Dr. Lynnette Delcine Charity '74.
-➤ President David Finegold's **"150 YEARS OF CHATHAM HISTORY" RETROSPECTIVE**, including former Chatham Presidents Alberta Arthurs, Louise Brown, and Esther Barazzone.
-➤ **150TH ANNIVERSARY "THE LONG PURPLE LINE" GALA**
5:00-9:00 p.m.
The Athletic & Fitness Center will be transformed into a historic walk along Chatham's "Long Purple Line." Guests will be immersed in the memorabilia, sights and sounds of four eras of Chatham's history: Pennsylvania Female College, Pennsylvania College for Women, Chatham College, and Chatham University. Memorabilia and featured videos will highlight accomplishments and notable moments and people from each era. Live music, dinner, and drinks included.

Sunday, October 13

-➤ **"FABLED FACULTY: FACT OR FICTION" WITH EMERITI FACULTY DR. TOM HERSHBERGER AND DR. BILL LENZ** on Shadyside Campus featuring recollections and stories of favorite Chatham faculty over the last four decades, followed by a Farewell Brunch Reception with former and current faculty members.

To learn more, visit 150.chatham.edu/events

Chatham Day at the Pittsburgh Pirates Game

Sunday, August 25, 2019

1:30 p.m., PNC Park

Kick off Chatham's 150th academic year with Chatham alumni, faculty, staff, and students at PNC Park to watch the Pirates play the Cincinnati Reds. President David Finegold will throw the honorary first pitch and the Chatham Choir will sing the National Anthem. On game day, claim your "Chatham purple" Pirates hat at the home plate entrance!

Give to the 150th Anniversary Scholarship Drive

In celebration of Chatham's 150th Anniversary and in recognition of the life-changing impact of scholarships, the Board of Trustees has identified raising additional scholarship support as its primary goal for the anniversary year. By increasing the number of scholarships available, we will impact not only today's students, but provide longstanding support for future generations. **Alumni and friends have collectively given more than \$800,000 in scholarship support to date in honor of the 150th anniversary**, more than halfway to our goal of raising \$1.50 million this anniversary year. Your gift to support scholarships, no matter the amount, will help ensure a Chatham education is accessible to all deserving students.

It's easy to make your gift:

Online through our secure online giving site at www.chatham.edu/give

Over the phone. Call 412-365-1516 to speak with a development team member about making a gift for scholarship.

By mail. Send your contribution to:

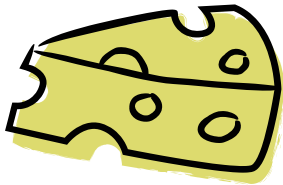
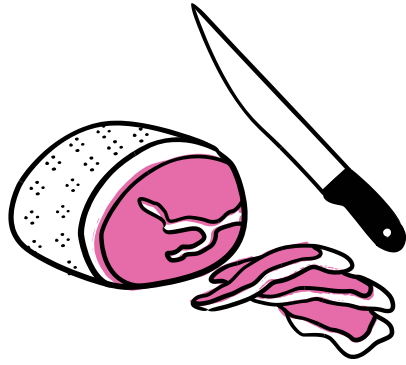
Chatham University
University Advancement
Beatty House
Woodland Road
Pittsburgh, PA 15232

"I'm a big supporter of Chatham. It was a wonderful education and obviously, I learned enough to go on and get a Ph.D. at Berkeley... I would encourage anyone going to college to go to a liberal arts school. I think it prepares you for life and a career."

DR. MARIANNE BYRN KIPPER '61

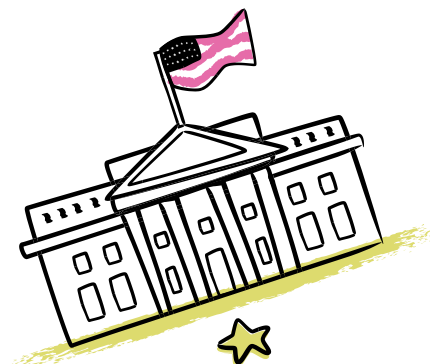
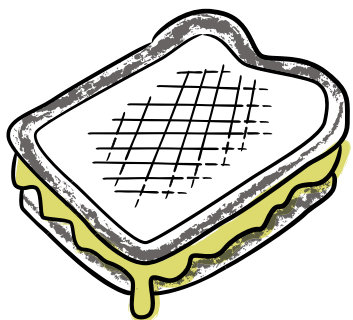
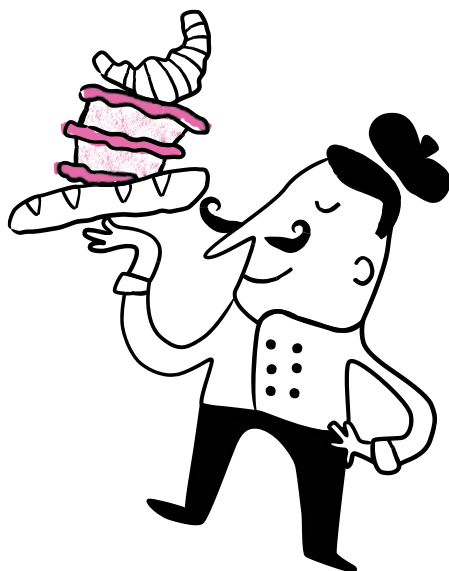
"I started the Fickes Crew Expenable Scholarship for two reasons: to give back to Chatham through a financial program that would be mutually beneficial to the institution as well as a current student(s) and to set an example for current students (and alumni) of how to give back to our school when they are able to. Philanthropy is a huge part of Chatham's identity and I believe that naturally extends itself to those students who end up enrolling to the school."

DANA DONALDSON '05, VICE PRESIDENT, CHATHAM ALUMNI ASSOCIATION BOARD





30
UNDER
30



A Different Kitchen

By Matt Wein

Among the intellectually curious, there are two kinds of people: those who are interested in how things work, and then there's Sophie Slesinger. Confronted with a question—say, about where food comes from—someone from Column A might dedicate an afternoon to reading articles on farming or permaculture, or watching a TED Talk on the locavore movement. Contrast this with Slesinger, who, for reasons even she can't quite pin down, went from being a directionless college student to one of the country's most promising young food professionals in less than ten years.

"If you can give someone a tool, or an exercise, or a method, or a framework that will maybe change one piece of how an entire business works, or an entire kitchen works, then that little entry and those little changes are what will lead to big cultural changes."

SOPHIE SLESINGER, MAFS+MBA '18

She farmed. She baked. She helped open high-end restaurants. She worked her way so far up in the world of cheese that a major food publication anointed her one of the New York City food scene's most promising young professionals. And then she walked away from the industry.

Now, Slesinger, who earned a dual MA in Food Studies + MBA degree from Chatham in 2018, works as a human scientist for Pittsburgh-based MAYA Design.

What brings someone who worked so hard and enjoyed so much success in the world of food to make such a dramatic pivot? Turns out, it was the same thing that got her into food in the first place: an insatiable intellectual curiosity.

"I never had an idea in my mind of what I wanted to be when I grew up," she says. "I just knew I was interested in something that wasn't at a desk."

And while Slesinger was never enamored with the idea of food, it was an important character in her life as she was growing up in the Washington, D.C. area. Her first fieldwork came during her summers home from college when she worked at a French bakery near her Bethesda, Maryland home. When she finished college in 2009 and graduated into an historically awful job market, she pieced together a job doing food sustainability programming for the university. She wrote about food for a local newspaper. A year later she headed back to Maryland, where she got a job working on a farm on the Eastern Shore for \$2 an hour.

When a few of her friends decided to move to New York City in 2010, she followed on a whim, thinking it the ideal place to focus on food. Armed with a short list of people she knew she wanted to work with, Slesinger

relentlessly called and e-mailed them until someone got back to her. Her first gig in New York involved helping to open a specialty coffee shop.

That's when Slesinger's career took off at a pace only possible in a place like New York City. The coffee shop owner introduced her to Anne Saxelby, who ran a small shop focusing on American farmstead cheeses. When Saxelby needed someone to help with her cheese podcast, *Cut the Curd*, Slesinger offered to do it for the experience alone. As the business started growing, she took on more responsibility, and Saxelby became her mentor.

"I was piecing together so many things: I was working at the Brooklyn Flea slicing prosciutto. Then I would open a butcher shop at 6 a.m., and then I would go work in the

coffee shop. It was just crazy." Within three years, Slesinger was teaching chefs about cheese and helping move it to nearly 200 restaurants, including some of the country's most prestigious.

"By then, I had something to offer chefs. I could give them something delicious, teach them about it, and then call the cheesemaker and the dairy farmer and tell them, 'I just sold all your stuff to Thomas Keller at the French Laundry.'"

Slesinger shot around the city like a comet. She was doing a pastry internship and working at farmers' markets on her days off. Zagat named her to its "30 Under 30" list of New York City's top food professionals in 2013.

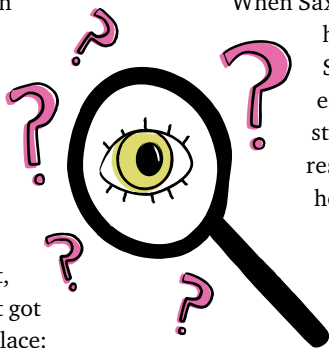
But comets don't stick around.

Two weeks later, she was laid off from the cheese shop. Her apartment got bedbugs. The pastry chef she'd been working with was fired. That's when she decided it was probably a good time to leave New York City.

By then, Slesinger had nearly worked her way through the entirety of the food world. She'd farmed. She'd worked in distribution and sales. She'd done some baking. She'd worked in specialty foods. But she had never been a line cook. "That's the most terrifying thing to me. I should probably do that," she recalls thinking.

She got in touch with a distant cousin who owned a little French bistro in the Berkshires, and offered to do kitchen work for free during foliage season – the area's busiest time of year. For four months, Slesinger lived off of the security deposit from her Brooklyn apartment, and found work in a cheese shop on her days off from the restaurant.

The staff helped her find a place to stay, and the chef slipped her hamburgers at the end of the night, knowing she couldn't afford groceries.



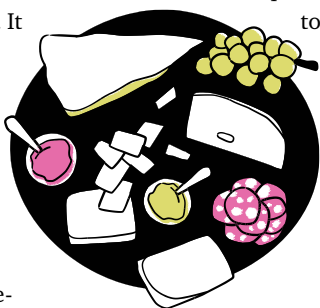
"I chilled out a little bit. The environment and the workspace were totally new to me. I almost had to shut my brain off to be able to tune in, learn so much new stuff and work as quickly as they have to. It was a very small kitchen and I felt a little like a baby bird."

After four months of lying low in the mountains, Slesinger got a phone call about a project back in Washington. An attorney was looking to open a grilled cheese-centric restaurant. He needed a cheese consultant, and he'd seen Slesinger recognized by Zagat. And like that, Slesinger moved back to Washington and set about helping open GCDC Grilled Cheese Bar.

After eight months of helping get GCDC up and running, she left to become the fromager at Blue Duck Tavern – one of Washington's finest restaurants – in the Park Hyatt Hotel. There, she had free reign over the restaurant's cheese and charcuterie from her own station in the middle of the dining room.

During her tenure at Blue Duck Tavern, the restaurant earned a Michelin star. And as a Hyatt employee, Slesinger enjoyed health

insurance and vacation days, both of which are conspicuously absent across the rest of the industry. By then, she was well-acquainted with the food industry's toxic culture and neglect toward its laborers.



She didn't want to open a cheese shop and struggle to pay employees \$12 per hour. She didn't want to work the line, she didn't want to try and become a chef. Feeling frustrated and

maybe even a little burned out, Slesinger started considering graduate school.

"Chatham had just started the MBA+MA in Food Studies program. Once I found out about it, I applied within two weeks, and I decided I was going two weeks after that. I didn't apply anywhere else. Chatham appealed to me because it was obvious that they saw the connection between business studies and food studies."

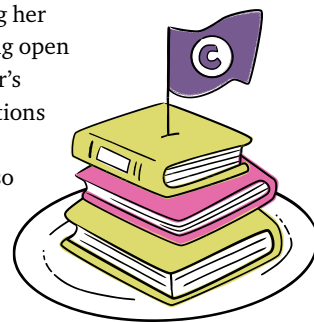
During her time in the program, Slesinger took a design course at Carnegie Mellon University through the reciprocity program. Two tenets of design thinking,

she learned, are iterative work and failing fast – both of which are integral in kitchen work. She also worked at a Pittsburgh restaurant that afforded her the opportunity to take what she'd been learning directly to the staff.

"I had this restaurant community that was all recently unemployed people. I worked with the dishwasher, porter, bartender, cook, manager, server, and just tried to teach them about what design thinking is to see if it's something that's useful to them. They became my subject group for my thesis."

Slesinger credits Alice Julier, director of Chatham's food studies program, for helping her adjust to graduate school, critiquing her work, and busting open some of Slesinger's preconceived notions about academia.

"She confirmed so many feelings that I was having that I didn't have the right tools, I hadn't [read] the right studies or researchers. I didn't know who to cite, who was originating these ideas. And she helped me through all of that. And then the MBA was just a no-brainer," Slesinger says.



"If you can give someone a tool, or an exercise, or a method, or a framework that will maybe change one piece of how an entire business works, or an entire kitchen works, then that little entry and those little changes are what will lead to big cultural changes."

In her new role at MAYA, Slesinger is tackling problems in everything from transportation and food to company structures and space. Her colleagues are researchers, strategists and engineers of all sorts, and she's grateful to be working on addressing big problems.

"MAYA is full of very smart, creative people who are open and generous in the way that the best kitchens are," she said. "They are excited to show you things, and are always curious. I'm like a baby bird again, you know? It's just a different kitchen." ▀







Making Policy

..... By Sarah Cadence Hamm, MFA '13

In 2019, it's surprising to hear anyone say the words "I love politics." But Vice President of Wilkinsburg Borough Council Vanessa McCarthy-Johnson '18, MBA '19, credits her passion for government as the catalyst that led to her seeking not one but two degrees from Chatham—that, and her four daughters.

McCarthy-Johnson wanted her daughters to attend college, but worried that she wasn't leading by example. "My husband had the degree; I didn't. I almost had an associate's degree, but I always said I didn't want to go back to school. Then I realized that all my kids were either getting ready to graduate high school or already out, and I needed to do something! So I decided to be a role model for my daughters."

Enter a tour of Chatham's Shadyside Campus with one of her daughters who was considering Chatham at the time. Shadyside Campus is enticing enough, but McCarthy-Johnson said "It just felt right," and decided that very day to enroll to major in policy studies.

She lauds her professors for their hands-on instruction, including one class where they studied and revised policy that McCarthy-Johnson herself had written as part of Wilkinsburg's Council. "Knowing it needed to be updated, I suggested it to my professor, and our entire class reviewed it, worked with the council, made a presentation, and it's so much better now."

As exciting as the overlap between academics and politics can be, McCarthy-Johnson's life as a student, mother, and politician is a delicate balancing act. McCarthy-Johnson is a "non-traditional student," and she initially worried she'd stand out in a sea of teens and early twenty-somethings. She's also part of the Integrated Degree Program at Chatham, where an undergraduate's senior year is spent finishing up their bachelor's degree while simultaneously starting a master's. Additionally, she's a single parent—her husband died in 2004.

"It was an adjustment going from a married woman to a single woman and having four daughters. They were older and pretty well able to handle things; I was very fortunate in having good friends and neighbors. . . though my poor youngest Mia is always being dragged to council meetings," she says.

"Good friends and neighbors" could very well be the unofficial slogan of Wilkinsburg, McCarthy-Johnson's home base. She speaks warmly of the borough where she and her husband bought their home. "It's a community of neighborhoods. The people that live in Wilkinsburg have been there for a long time. They know each other; they know their neighbors. Kids would play football outside; we used to have Easter egg hunts when my girls were little. Everyone would pitch in, do community clean-ups—they believe in the community. That's what I love about Wilkinsburg."



McCarthy-Johnson also speaks truthfully. "When we first came there, the neighborhood looked like a warzone. There were a lot of abandoned houses." She worries about the flip side of those abandoned houses—gentrification. "We see it trickling down a little bit into our borough. In gentrification, people build up properties to the point where your residents can't afford them. We don't want to see that happen." McCarthy-Johnson advocates for creativity and cooperation to address the borough's pain points, her own neighborhood being an example: thanks to the work of non-profits, Wilkinsburg's St. James Catholic Church, and community involvement, her immediate neighborhood is now thriving—all but three houses are filled.

Community involvement quickly turned into community governance for McCarthy-Johnson. After volunteering in her neighborhood for some time, a council member approached her and suggested she run for City Council to better protect the initiatives she cared about. "I talked it over with my husband and he was like 'Go for it,' and I did. And I won. I won by two votes!"

She lauds her professors for their hands-on instruction, including one class where they studied and revised policy that McCarthy-Johnson herself had written as part of Wilkinsburg's Council. "Knowing it needed to be updated, I suggested it to my professor, and our entire class reviewed it, worked with the council, made a presentation, and it's so much better now."



In 2019, it will be McCarthy-Johnson's twelfth year on the Wilkinsburg Borough Council. She'll have a BA in Policy Studies and an MBA from Chatham. So what's next for her? "I'm at a crossroads," she says. With her extensive non-profit work, including her time as Executive Director for CECEE (Center for Energy and Computer Education Excellence), McCarthy-Johnson saw herself starting her own non-profit involving Wilkinsburg, or maybe consulting. But now because of her work as the graduate assistant for the Office of Multicultural Affairs at Chatham, she's considering academia, too. Wherever she goes, Vanessa McCarthy-Johnson will bring with her an action-oriented mindset... and a few unorthodox techniques. "I can be the voice of dissent sometimes because I'm a realist. When I first started on Council, I used to put hard candy in my mouth, like a jawbreaker, so I couldn't talk, because it would make me think before I speak!"

Just in case you're worried about her sugar intake, McCarthy-Johnson assures us she's gained the skillset to listen more thoughtfully. "I was talking to someone who once expressed the opinion that I didn't have my own thoughts. But recently she said to me, 'Chatham has done you really well. You've changed since you've been to Chatham.' I think it's because I've got my own voice now. I can speak my own truths and say what I want to say and not be afraid of it. I think that's my love of Chatham. It's been a very special place for me."

In a time when conscientious, creative ideas matter more than ever, it's heartening to see Vanessa McCarthy-Johnson on the ballot: someone who loves her community and her family, someone who values thoughtful communication. . .even if it takes a piece of candy to make it happen sometimes. ▴



A Community Partnership: Redeveloping Wilkinsburg's Historic Graham Field

In a boon to both Chatham and the community of Wilkinsburg, Chatham has agreed to redevelop the old Wilkinsburg High School field, also known as Graham Field—five miles from Shadyside Campus—under a long-term lease from the Wilkinsburg School District.

Graham Field, located along Penn Avenue in Wilkinsburg, will become home to Chatham's women's and men's soccer and lacrosse teams and provide a new facility for community pee wee football as well as other sports and community events.

As part of the agreement, Chatham has raised \$2.725 million, with lead support provided by UPMC, the Pennsylvania Redevelopment Assistance Capital Program, Dollar Bank, and the Rust Foundation, to replace the grass field with artificial turf, replace and repair fencing around the property and field, resurface the parking lot, and install much-needed lighting. In addition, the historic grandstands and integrated locker rooms will be upgraded and renovated to make them usable for a variety of teams.

With four full rosters of Chatham student athletes and coaching staff—totaling 130 students and ten staff—as well as use by local high schools and the community, the economic benefit to the area is significant. The year-round use of the field by sports clubs, community organizations, and Chatham will bring an increase of activity to the Wilkinsburg community and beyond as it draws athletes, spectators, and concession/food activity to the area. The project has the support of legislators Senator Jay Costa, Jr. and State Rep. Ed Gainey, and the community. McCarthy-Johnson has been a supporter as a member of the Wilkinsburg Council and helped Chatham build support from the Council.

If you are interested in sponsorship or naming opportunities, contact Tom McGee at 412-365-1837 or t.mcgee@chatham.edu.



Treating Invisible Wounds

Coming of age in the early 2000's, as war raged in Afghanistan and Iraq, Nicholas Uram, MAP '10, PsyD '16, thought he might follow in his grandfather's footsteps and enlist in the military. But after his friends began returning home from combat with mental health issues, Uram's sense of duty led him on a different mission.

.....► by Adrienne Frank



“They would often have difficulty relating to friends and family and getting back into the groove of civilian life. Some had PTSD and others just had trouble connecting with the lives they once had,” recalls Uram, who grew up in Murrysburg, a small town just east of Pittsburgh. “I spent a lot of time with them—it definitely sparked my interest in psychology.”

Today, as a psychologist and local recovery coordinator at the Washington, DC VA Medical Center, Uram helps former service members who are battling “a severe and persistent mental illness” like bipolar disorder, schizophrenia, or post-traumatic stress disorder (PTSD) build healthy, meaningful lives.

Uram has worked with the Psychosocial Rehabilitation and Recovery Center (PRRC) since April 2017. He takes a holistic approach to his work with veterans, about 100 to 200 of whom are on the unit’s roster at any given time.

“Too often, they’re treated as though they’re a math problem to be solved,” says Uram as he nurses a coffee on a snowy January afternoon. “We don’t just want to ‘fix’ what’s broken, we want to [nurture] what’s working.”

The VA has adopted an approach to treatment that views recovery as a journey, not a destination. This patient-centered “recovery model” has gained traction over the last ten years, becoming the gold standard of care for mental health and substance abuse issues.

“We start out by asking [vets]: ‘What do you want to live for? What’s most important to you?’ Then we identify the barriers to that. We also look at things like spirituality,

THE MILITARY AND MENTAL HEALTH

According to the RAND Center for Military Health Policy Research, about 20 percent of the 2.7 million Americans who served in Afghanistan and Iraq, now the longest-running wars in US history, struggle with depression or PTSD—but only half of those who need treatment will seek it.

Those who don’t can become a statistic of a darker sort. An exhaustive 2016 report from the VA, based on 55 million veterans’ records from 1979 to 2014, revealed that vets are twice as likely as civilians to commit suicide, at a rate of about 20 per day. In 2012, more active duty vets died by their own hand than were killed in combat.

Gulf War-era vets—those who’ve served since 1990—now account for the largest share of US veterans, numbering 7.1 million, according to the Pew Research Center. And while a rise in their numbers corresponds with the destigmatizing of most mental health issues (schizophrenia remains taboo, Uram says), many of the vets who end up in his unit wrestled with asking for help.

“Some are very open, but for most people, it’s a very hard step to take. They’ll say, ‘my family doesn’t understand’ or ‘I don’t want my friends to know.’ Part of it, too, is the culture of the military—they think they’re supposed to be tough,” says Uram, whose closely-cropped brown hair, crisply pressed button-up, and perfect posture convey a military bearing that’s familiar and comforting to patients.

social networks, employment, coping skills, even hobbies, that will help them build a meaningful, value-centric life,” Uram says.

“We don’t pretend like their problems are just going to go away—that’s not how something like depression works. But we do try to help them realize that they’re not defined by that.”

Uram says that everyone has a baseline vulnerability and that stress—whether bringing a baby into the world or watching your buddy die in your arms—can trigger mental health issues that may have been bubbling below the surface.

Each year, about half of America’s 18.2 million vets seek treatment at a VA facility for a variety of physical and mental

ailments. Those who end up in the PRRC at the Washington center typically have 18 to 24 months of outpatient treatment ahead of them, including individual and group therapy sessions, classes, support groups, and psychiatric and social services. “We want them to get help and build a community,” Uram says.

Most vets live on their own or with a parent, but some are homeless—a problem that’s becoming more pronounced in Washington, even as it’s declining nationwide. Uram partners with the VA’s Community Resources and Referral Center to help those without a permanent address find housing in the Capital City.

“Our vets in the greater DC area are very diverse in terms of socio-economic background, race, and gender. That brings a richness to the work that we do—but it can also bring certain challenges,” he says.

Uram has more roles at the VA—a short bike ride from the townhome he shares with wife, Chatham graduate Breanne Condon, DPT ’13—than could fit on a business card. He serves as a liaison to the Veterans Mental Health Advisory Council, helping them navigate the VA and connecting them with resources, and helps out with support

“Nick was curious, engaging, personable, warm, and a really hard worker. I could see...that he had all the makings of a great psychologist,” says Mary Jo Loughran, Ph.D., director of the counseling psychology program.

groups, about ten of which are offered each day. He also advises PRRC's peer support specialists, vets who are engaged in their own recovery and are trained to help others going through similar experiences, and supervises a team of grad students, including postdoctoral interns and fellows. "When we have a really challenging veteran or case, there's something rewarding about working with a student and learning alongside them," Uram says.

He also sees a handful of clients for one-on-one sessions. "I love clinical work and wish I could do more of it, but it's nice having a smaller caseload so I can really pour myself into them."

A psychologist's job is to "enter other people's worlds and help them make sense of their strengths, as well as the challenges they're facing," says Mary Jo Loughran, Ph.D., director of the counseling psychology program.

She knew from the moment she met Uram in 2010 that he was up to the task. "Nick was curious, engaging, personable, warm, and a really hard worker. I could see, even as a young man, that he had all the makings of a great psychologist," she says.

Uram says Chatham's program—which is rooted in the science of using a patient's strengths to remedy challenges and one of only about ten accredited Counseling Psychology PsyD programs in the country — was the perfect training ground for the VA.

He was able to put a "military spin" on the curriculum and couple it with a post-master's certificate in military health, a postdoctoral fellowship at the West Palm Beach VA Medical Center in 2015, and a postdoctoral fellowship at the VA in DC, which helped him land the full-time position he enjoys today.

"I like to say that Chatham was accidentally a great fit for the work I'm doing now," he says, a warm smile spreading across his clean-shaven face. "The values and the curriculum [dovetail] perfectly with the recovery model we use with veterans. I bring the spirit of the work we were doing at Chatham to the VA every day."

Mission accomplished. ▀

"We don't pretend like their problems are just going to go away—that's not how something like depression works. But we do try to help them realize that they're not defined by that."



THE DOCTOR'S OUT: TIPS FOR SELF-CARE

"Mine is definitely the kind of job that you can take home—but I try not to," Uram says. As a psychologist, he practices what he preaches to vets: self-care and "engaging in activities that are meaningful to me."

Uram enjoys working out, hiking, and biking. He likes exploring the DC food and brewery scene and is on quest to sample every ramen shop in the city. But his favorite spot of all is the backyard he shares with Condon, a physiotherapist with MedStar. "There is something relaxing about being outside, even if it's just to sit quietly with a small group of friends on a summer night."

An advocate of a healthy work-life balance, Uram still slips on occasion.

"There will be days when I'm out with friends having dinner, but in the back of my mind I'm thinking about a client who's struggling," he says. "But I would worry more if I didn't have those moments."

“No One Has Asked ‘Where Are the Men?’”

A Conversation about Women in Science

According to researchers from the University of Melbourne, it will take 16 years before the number of scientific papers published by women reaches the number published by men.¹ Women continue to be underrepresented in the sciences, including in elite laboratories, leadership roles in universities, and in the field. We talk with three members of Chatham’s science faculty to shed some light on this complex topic.

¹<https://journals.plos.org/plosbiology/article?id=10.1371/journal.pbio.2004956>

Cara Gillotti, Senior Writer at Chatham University: Can we start by introducing yourself with name, subfield, and number of years at Chatham?

LMJ: I'm Linda Johnson, I do botany, ecology, and environmental science, and now I'm in sustainability. This is my tenth year at Chatham.

LL: I'm Lisa Lambert, this is my 34th year at Chatham, and I'm a geneticist.

EMW-H: I'm Erin Marie Williams-Hatala, I've been here for 5-1/2 years, and I'm kind of amorphous—I'm a human evolutionary biologist; I love and teach anatomy; and I research biomechanics.

CG: What are some misconceptions people might have about women in science, and what would you say to put those misconceptions to rest?

LL: We're all very different people. I think people tend to put "women scientists" as a group in one little bin, like we're all alike.

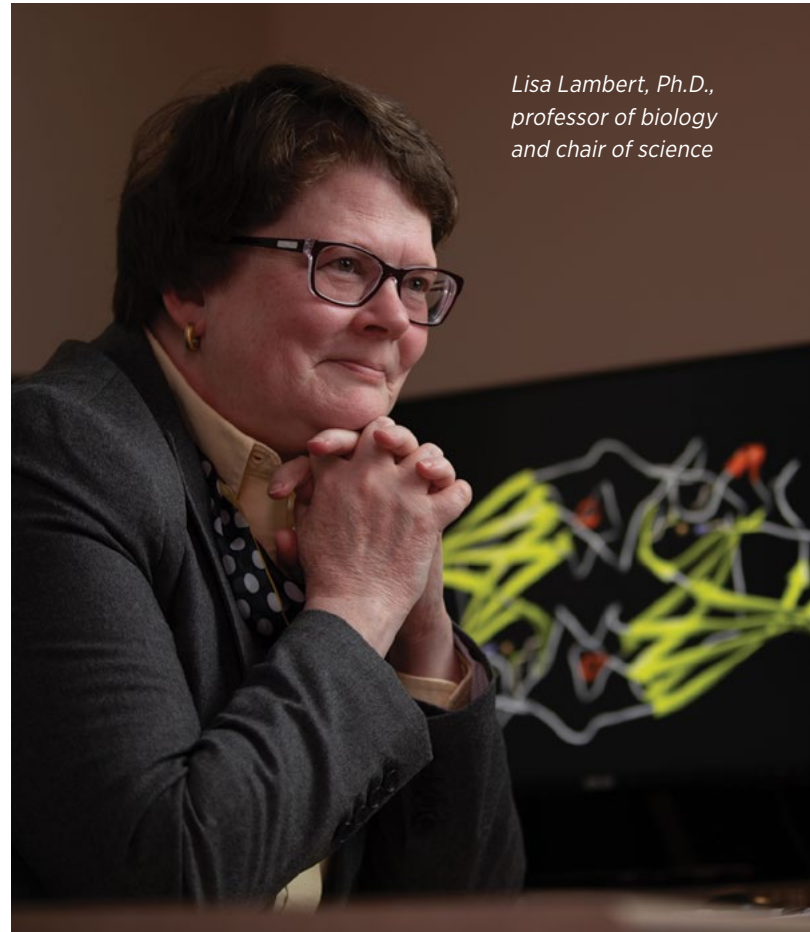
EMW-H: We're just another population. There's as much variance in women in science as there is in any other large population. There's no one way to categorize us.

LMJ: There's also this idea that math is hard for girls, when the fact is that girls score the same as boys in math in high school. We perform on par, but there's something that happens along the way that changes the outcome in terms of how many women are working in science.

CG: What are your thoughts on what that thing or things are?

LMJ: There have been studies and stories about women in some of the sciences experiencing a non-productive work environment. If the story that gets out is that it's uncomfortable to be in that discipline, as a young girl you might be asking "why would I want to be in this discipline, then?" I think some of it is that history.

LL: A few years ago I was at a conference with a number of women my age who were in positions of authority in various universities, and they were still complaining about the young women coming up, saying "Well, they didn't have to go through what I went through. They want time off to have a baby. I'm not going to give them that—I didn't get that." The very people who would be most supportive are not always the ones going up to bat for changes. (to **EMW-H**) Do you find that women are supportive?



*Lisa Lambert, Ph.D.,
professor of biology
and chair of science*

EMW-H: Some are; some are decidedly not. We have an ongoing issue with sexual harassment and misconduct and there's a real divide. It doesn't follow age, or institution, or anything you think it might. Some women are very supportive of reform, and others have the attitude Lisa was describing, as "Well, I had to put up with it."

LL: Even here at Chatham, where we pride ourselves on being based in our all-women's history, the first time I was department chair, I had senior faculty come to tell me that it would be impossible to do the job married with children. One of them specifically said "That's the kind of thing you give up when you want to go into science. You can't have it all. I gave it all up to do this. You can't do it."

"Think of all the potential great scientists, great ideas and great thoughts you miss out on when you exclude half the population. We've got to do more to get the really bright people and bright ideas into the fields that desperately need them."

LISA LAMBERT, PH.D., PROFESSOR OF BIOLOGY AND CHAIR OF SCIENCE

CG: What do you see as some of the drawbacks to the underrepresentation of women in science?

LMJ: It's important to have female mentors out there so that you can see yourself moving in that path. If there aren't women there, it's that much harder to envision yourself doing it. And there are subtler things, about what we know. For example, Watson and Crick are the two men celebrated as having discovered the structure of DNA, but Rosalind Franklin was the woman who first understood the structure of DNA and imaged it. And she has no recognition for her contribution to this amazingly important find.

LL: Even in Watson's original biography, he dismisses her in very cruel terms. The drawback is that, again, there's no inducement for women to be part of this society that doesn't recognize them. And

"It's important to have female mentors out there so that you can see yourself moving in that path. If there aren't women there, it's that much harder to envision yourself doing it."

LINDA M. JOHNSON, PH.D., ASSISTANT PROFESSOR OF SUSTAINABILITY AND THE ENVIRONMENT

you're also losing half your brainpower, without women in science. Think of all the potential great scientists, great ideas and great thoughts you miss out on when you exclude half the population. We've got to do more to get the really bright people and bright ideas into the fields that desperately need them.

EMW-H: Not only getting us in there, but creating an environment that values us once we're there. You need input from people who have lived experiences of a

variety of different women-- there are basic biological needs, like places to nurse, and consideration of other parental needs. You need people who have had those experiences and are more likely to understand the unique needs that come with them in order to provide those spaces.

LMJ: It also changes what you study. If you want to look at the health of a certain group of people, if you don't think that maybe some of the people in that group might be breastfeeding or menstruating, you might



*Linda M. Johnson, Ph.D.,
assistant professor of
sustainability and the
environment*

not consider those factors as being relevant to your result.

LL: It's a constant battle, even for women. Just yesterday, we had our research methods course. I invite faculty to come and talk about their research to the class. Well, I put together a list of volunteers, and it suddenly hit me at the very last minute that everyone on that list but me was male. And it wasn't due to any other fact other than pure coincidence. You have got to constantly think about it.

CG: Have you noticed implicit/unconscious bias in yourself at any point?

LMJ: Because I went through my training in the sciences when I did, I have blanks in knowing about the scientific contributions of women. I don't have those names that I can pull up as quickly as I can Watson and Frick. I have to think about how to make sure that both males and females in my class recognize the contributions of women. Because it's just as important for the males to see female representation in the sciences.

EMW-H: Where I pay attention to my own bias is in writing recommendations. I know studies show that people are more likely to use superlatives when describing the abilities of males and use terms that are softer and more community-based language when talking about women.

CG: What can we do to foster a more equitable field?

EMW-H: We need to get women into higher levels of administration. We need to make sure that the people who make decisions about hiring and promotions are cognizant of the realities of pregnancy, and the realities of life after pregnancy.

LL: Documentation is, I think, part of what we need to do. More open processes, transparent decision-making, whoever's making them, is a better way of getting equity. We talk about old boys in the back room, well, I don't trust old girls in the back room. I don't want a back room at all. I think we've made some steps in that direction here at Chatham, but I'm not sure that that's true across the country.

EMW-H: I think we need more diversity in general. In terms of gender, gender identity,

race, socioeconomic considerations. Our students are so diverse; the faculty should reflect that as well.

CG: What can Chatham do to encourage women to study sciences?

EMW-H: I feel like we do a lot of things. We have a lot of women on our science faculty, and I think our female students are becoming confident with the idea of women scientists. But we don't do anything, to my knowledge, around women of color in the sciences. I think we need to be intentional about it. People used to be unintentional about incorporating women, and we became intentional, and now we need that same intentionality around not only recruiting students of color, but also making them

frequently "I know healthcare is hot – if I go into healthcare, I can get a job." So we need to do a better job of showing non-healthcare-related science jobs, in our advertising, on our websites, and in interactions with guidance counselors. Part of our problem too is that Chatham is still facing the challenges of our growth. We've done a great job growing, but dealing with those challenges leaves us less time, at the moment, for outreach. I'm hoping that once we become more accustomed to our larger numbers that we will be able to do more outreach to K-12 communities and other initiatives like that.

LMJ: We have some great role models. We did a panel a few years ago with our alumni. But we need to do more outreach to our



*Erin Marie Williams-Hatala, Ph.D.,
associate professor of biology*

feel they belong. Maybe they'll need a little more encouragement to ask for that research position, or maybe they'll need a community, because there's a higher likeliness that they came from a community where they didn't have those mentors.

LL: We need to educate families and communities about job opportunities, especially with first generation communities. The first question is "Can you get a job to support yourself?" And the answer is

alums, to women who have been successful in these fields to help show that you can do these things and do them well, and do them with style, too.

EMW-H: The science department holds approximately one seminar per month to broaden students' exposure to the work people are conducting in the sciences. I've been organizing it for the past few years, and I almost exclusively bring in women. No one has asked "Where are the men?" ▀

Seeing Through Others' Eyes

by Cara Gillotti

“There’s no one way that people age. Just knowing that someone is 75 years old doesn’t tell you anything about their actual abilities.”

DR. MICHELLE CRISS, BOARD-CERTIFIED GERIATRIC CLINICAL SPECIALIST

A certified specialist in geriatric physical therapy, Dr. Criss works to introduce students to care for older adults, spark their interest in working with this age group, and combat ageism. As part of her Foundations of Movement Science II course, students do an “aging simulation lab” during which they move from station to station, experiencing normal and pathological changes due to aging. They also discuss the full range of what is meant by “successful” aging, as well as observable facets of several geriatric syndromes. “There’s no one way that people age,” says Dr. Criss. “Just knowing that someone is 75 years old doesn’t tell you anything about their actual abilities.”

The number of Americans ages 65 and older is projected to more than double from 46 million today to over 98 million by 2060.¹

“Even if you don’t set out to, you’re going to be working with that population,” says Dr. Michelle Criss, who is getting her Doctor of Physical Therapy students ready.

“According to some research, there’s a risk that simulating aging may actually cause students to fear or dislike aging, in essence making them more ageist,” says Dr. Criss. “In my course, we have a subsequent class in which we discuss ageism and optimal aging to counteract this risk. Normal aging changes do not all occur at once or to the same extent in everyone; it is only caricatures of older adults that portray older people with all of the well-known changes at once.”

¹ <https://www.prh.org/aging-unitedstates-fact-sheet/>



Station 1 Wearing goggles that simulate the normal yellowing of vision with age and two pairs of gloves to simulate decreased sensitivity, students try to separate pills by color.

Station 2 Neck stiffness increases with age, posing potential complications for everyday activities such as driving. A neck brace lets students see what that feels like.



Station 4 Goggles simulate the limited range of vision that may follow a stroke, brain tumor, or trauma...

Station 5 ...diabetic retinopathy...

Station 3 Students worked with ACE wraps and bandages to experience a narrowed range of movement or increased stiffness.



This class was covered by the CBS news. To view the story, visit pulse.chatham.edu



Station 6 ...and tunnel vision from severe glaucoma. Students try reading, catching a ball, and completing other tasks with impaired vision.

class notes

54 Marlyn “Meira” Lenchner Applebaum shares, “My experiences in PCW, as it was then, have influenced my life in so many ways. I bless the days I learned in the garden of my college. I came as a scholarship student from Allderdice High School in Pittsburgh. Many of my classmates had private school educations and were so much more sophisticated than I was. I was also the youngest student in the class—barely 18, a fact I kept hidden. We lived in Squirrel Hill, a half hour walk to school. I walked rain or shine as I had no other way to get there! I learned to love the many gorgeous homes along the road and the magnificent trees. I was truly inspired by my professors. They were a group of highly-intelligent, well-educated teachers who gave me a new and intensive amount of knowledge that first year of college.

Despite the fact that we had already moved to Israel, I wanted my daughter Hilda Karev to benefit from my PCW education (by that time “Chatham College”), and we enrolled her for her first degree in my alma mater. She was married by then and her husband earned his degree at Carnegie Tech at the same time.

We moved to Israel with our four children in 1960. The “children” are now all in their 60’s! Three of them live permanently here each in their own field. One daughter travels with her husband but has a permanent home here as well. My sons are both engineers and have created business ventures in their fields. One daughter is a lawyer and businesswoman, one is an accountant, a CPA. We have 12 grandchildren and 5 great grandchildren, most of whom live here in Israel.



I have never forgotten PCW, the many friends I made there, the wonderful experiences I had, the thousands of windows opened up to me as I learned to evaluate the knowledge of the world with the arts course at that time. I have now lived over 50 years in Israel, raised four children here, 16 grandchildren and now five great grandchildren. My experiences in my years at PCW gave me a very thorough education, which I have used in our extensive travels abroad. I wish you continued success in growth and will always appreciate my education at PCW.”

55 Betty Woods Goodwin shares about her classmate, “I am sorry to report that Dr. Barbara Wagner Fredette passed away the fall of 2018. At PCW, Barbara majored in art; later she was awarded a masters and Ph.D. As she liked to say ‘I was a teacher who taught teachers how to teach art.’ She worked primarily at the University of Pittsburgh.”

60 Mary-Anne Koenig Pomputius has moved to Seattle, Washington to live with her daughter and is “watching the flowers grow and enjoying the arts here. I’m soaking up the museums and music.”

64 Dr. Barbara Morris Stock’s new juvenile novel, *Anything Is Possible: A Child’s Journey to America and Hope*, tells an immigrant’s tale through the eyes of a 10-year-old Jewish girl who escapes the oppression of Czarist Russia in 1909 to join her extended family in Pittsburgh. Young Sara must adapt to many things in her new land and help her family cope with a heartbreaking tragedy. In developing the book, Barbara combined her love of writing with her interest in her own family story. Ten years in the writing, *Anything Is Possible* is her first novel. Currently Barbara is a clinical psychologist in a private practice in Evanston, Illinois. Copies of the book are available directly from her at barstoc@gmail.com or via store.bookbaby.com.



78 Dr. Laurie LaPat-Polasko was selected as Woman of the Year in Technology. Laurie, Vice President and National Director of Remediation at Matrix, received the “Gold Award” and was named the Woman of the Year-Technology in the 15th Annual Stevie Awards. More than 1,500 nominations from organizations and individuals in 33 nations were submitted. Taking place in New York City, the Stevie is considered to be the world’s premier business award with the presentations broadcast worldwide. Over the years, LaPat-Polasko has developed innovative solutions to address water and soil contamination issues worldwide as well as serving as the Chief Science Officer for an energy start-up company. She has been searching the world, discovering and using microbes to biodegrade harmful contaminants in ground water, soil, and surface water while identifying innovative ways to clean our planet. Congratulations, Laurie!

80 Dr. Ruthy Watson recently gave the keynote address for the MLK Commemorative event at the State Capitol, Santa Fe, New Mexico. Ruthy is currently the director of the Center for Advocacy Resources Education and Support at New Mexico Highlands University.

00 Undergraduate and Master of Arts in Teaching alumna **Kristan Buck Ferguson** is currently teaching kindergarten in the Clairton City School District. She finally gained tenure status as of 2018. Kristan and her husband Jeff are working toward the completion of the remodeling of their 1830 home. They are spending most of their time raising their two Labrador Retrievers Khloe and Keyser, riding their Harley, or just enjoying the quiet country life.



To Submit

To submit a Class Note or photo for publication in the *Chatham Recorder*, visit chatham.edu/classnotes.

For more information, contact the Office of Alumni Relations at alumni@chatham.edu or 412-365-1255.

Submissions may be edited for length and clarity.



Master of Liberal Arts alumna **Marylloyd Claytor** completed her doctorate in Education, majoring in E-Learning from Northcentral University, while completing research in career strategies in the arts and humanities. Through her nonprofit, she has developed, implemented, and maintained lifestyle fitness programs for Allegheny County community centers. Marylloyd produces a weekly cable series called *Claytor Studio & Gallery*, which was renewed through July 2018. Marylloyd also is an adjunct lecturer with Community College of Allegheny County, working in the community education and community training instructor departments. Her latest workshops focused on communication, teamwork, senior citizen bullying, and institutional knowledge. Marylloyd was a part of the marketing team for the Mount Holyoke College Black Alumnae Conference and continues as an Alumni Association Board Member here at Chatham!

02 Alumni Association Board Member **Jeffrey Rothman**, DPT, OCS was named the 2018 Pennsylvania Physical Therapy Association Service Award winner. The Service Award is presented to a physical therapist who has significantly contributed to the betterment of physical therapy within the Commonwealth of Pennsylvania and has supported the mission of the Association.

04 Undergraduate and Master of Science in Counseling Psychology alumna **Juliette Gouirand** is currently working for Wesley Family Services and was promoted in June 2018 to be the supervisor of Wesley's Autism Outpatient program. She continues to see clients, in addition to supervising the therapists working in that program. Julie is also working on a training for all WFS on trauma-informed care and remains actively engaged with social justice issues related to the people she serves.

12 **Elizabeth Dorssom** was selected to receive the Prestage-Cook Travel Award from the Southern Political Science Association. The Prestage-Cook Award is named for Dr. Jewel Limar Prestage, one of the first African American women to receive a Ph.D. from an American University. She was a pioneer in academic research in the area of race, gender, and politics and played leadership roles in a plethora of national political science organizations (including serving as president of the SPSA in 1976). Elizabeth will be presenting her own original research on the use of sunset provisions in the American colonial legislatures from 1757-1787 at the Southern Political Science Association conference in January 2019.

Bloomsburg University of Pennsylvania has awarded Doctor of Nursing Practice alumna **Kimberly Olszewski** the Breiner Family Endowed Professorship for Nursing. Kimberly teaches in the graduate nursing program at Bloomsburg and is the director of Nurse Practitioner and Doctorate in Nursing (DNP) programs, as well as serving as a graduate program coordinator for the department. Her clinical practice is in occupational medicine where she has worked for the past 29 years and has received her Fellowship distinction in 2006 from the American Association of Occupational Health Nurses (AAOHN). Kimberly has presented more than 50 presentations internationally on a plethora of occupational health topics and has published several journal articles as well as a chapter in the AAOHN Core Curriculum. She was also recently elected president elect for AAOHN and will begin her term in April 2019!



In memoriam

ALUMNI

Betty Anderson '47
Barbara Braun Bajoras '55
Jean Sweitzer Bower '53
Margaret Cavanaugh Boylan '47
Jean Burkman '82
Barbara Hansen Cummings '45
Elisabeth Schaye Haskell '67
Virginia Uber Haug '46
Nancy Kelly Hilland '52
Norma Trozzo Hopkinson '47
Rosemarie Pysh Huggins '56
Stuart Hunt, MFACW 2018
Ocie Blackmon Johnson '79
Mary Jane Kann '55
Suzanne Patricia "Pat" Nauman Kramer '52
Carolyn Massaro '85
Simon Matela, BFA in Creative Writing student
Mary Alice Robinson McNally '61
Susan Merriman '74

Diane Brutout Neimann '65
Arline Levinson Rosenberg '46
Henriette Rougraff '52
E. Marilyn Smallwood Searle '56
Elizabeth Fried Slater '83
Carole Stanier '77
Margaret Tucker Thompson '51
Jennifer Turner '85
Mary Jane Youngling Tygard '45
Mary Lisa Tyner '93
Aimee Goulait Wheeler '96
Carlie White '66
Dorothy Lawry Whittier '75
Elaine Beyer Zivkovich '49

FORMER FACULTY

Paul Moessinger
Pracheta Mukherjee, professor of business
Joseph Shepler, professor of art
Ruth Staples, professor of Spanish

Information about deceased alumni may be submitted to the Office of Alumni Relations at alumni@chatham.edu or by mail to Chatham University, Office of Alumni Relations, Woodland Road, Pittsburgh, PA 15232.



Unrecognized Grapeness

Sandra Taylor, Chatham's new Falk Chair of Socially Responsible Business, is so wonderfully out of the ordinary that not only did she get her MBA after her corporate career ended, but her MBA is a "wine MBA" that she earned studying in Bordeaux, France. Today, when not teaching in Chatham's Bachelor of Sustainability and MBA programs, she continues to study, collect, share, and enjoy wines and wine culture. We asked for the scoop on some underrated ones.

WHITE WINES. "I write a column every other month for Wine Review Online, and one of my titles was 'So You Don't Like White Wines'! Americans think white wines are unsophisticated, so I think they're underrated, in particular an Argentinean wine called Torrontés that's very affordable."

FRENCH RED WINES FROM THE LANGUEDOC. "They're not overly expensive, and even Bordeaux producers are investing in properties in the Languedoc. Most are blends."

WINES FROM THE CENTRAL COAST OF CALIFORNIA. "They're Rhone-type wines—Rhone wines are my favorite, and very much not underrated!—because it's the right climate for making them, for example, a blend of Syrah, Mourvèdre, Grenache."

WASHINGTON-STATE WINES. "Washington is the second-largest wine producer in the U.S. after California, but a lot of people still don't know them. They tend to be big red wines, like Cabernets and Merlots. Now, Oregon wines are great, but everybody knows they're great!"



Read about Sandra Taylor's fascinating journey to Chatham—go to pulse.chatham.edu and click "Stories."